



# BROCCOLI SALAD

*Perfect as a starter or side dish!*

SERVINGS: 4-6

PREPPING TIME: 15 MIN

## INGREDIENTS

4 cups small broccoli florets (about 1 1/2 pounds)  
1 1/2 cups seedless grapes, halved  
1 cup chopped celery  
1/2 cup raisins or dried cranberries  
1/4 cup sunflower seed kernels  
1/4 cup light mayonnaise  
1/3 cup plain fat-free yogurt  
2 tablespoons honey  
1 tablespoon white vinegar

## DIRECTIONS

1. Combine the first 5 ingredients in a large bowl.
2. Combine mayonnaise and remaining ingredients, stirring with a whisk. Pour dressing over broccoli mixture, and toss well. Chill for 1 hour.