

Pear, Cured Ham & Walnut Salad



Ingredients

Salad:

- bag of rocket
- 1 ripe pear, sliced and peeled
- 3 oz. blue cheese, cubed
- 4 slices cured ham, cut into strips
- ¼ cup walnuts, chopped

Dressing:

- 1 tbsp. olive oil
- 2 tsp. lemon juice
- 1 tbsp. maple syrup

Directions

1. Divide the rocket between two bowls. Arrange pear on the rocket evenly. Then add the cubed cheese and ham. Finally, top with nuts.
2. Mix the dressing ingredients, season with salt and freshly ground pepper, then pour over the salad then serve.

Serves 2

