

Smoked Salmon, Avocado & Cottage Cheese Breakfast Platter

Serves 4



Ingredients

- 1 cucumber
- 7 oz. smoked salmon
- 1 avocado
- ½ cup cottage cheese
- 1 tsp. dried dill
- salt and pepper
- 2 tbsp. apple cider vinegar



Instructions

1. Peel the cucumber lengthwise into ribbons. Place in a bowl, and pour in 2 tablespoons of apple cider vinegar, season with salt and mix to combine. Set aside.
2. Divide the salmon, avocado flesh and cottage cheese between plates. Place the earlier prepared cucumber on the side and drizzle the platter with some of the cucumber juices.
3. Sprinkle with dill and season to taste with salt and pepper. Serve immediately.