

Spicy Avocado and Walnut Tuna Salad

Ingredients

- 1/2 can tuna, drained
- 1 tablespoon mayonnaise
- 1 tablespoon chopped celery
- 1 tablespoon chopped walnuts
- 1/2 cup diced avocado
- 1/4 teaspoon cayenne pepper
- 1/2 tablespoon olive oil
- 1 large lettuce leaf, in tact

Directions

In a small bowl, combine all ingredients except lettuce. Mix well and serve the tuna salad in the lettuce.

