



Apple Cake

SERVES 12

Ingredients:

2 cups all-purpose flour
3 tsp. baking powder
1 cup coconut sugar
1 egg
2 apples, peeled, cored and chopped
½ cup coconut oil, melted

Directions:

Preheat the oven to 360°F. Prepare an 8-inch baking tin lined with baking paper.

Place the flour, baking powder and sugar into a large bowl and mix well. Add in the egg and melted coconut oil and stir until combined. Now add in the apples; using a rubber spatula, incorporate them into the batter.

Scoop batter into the lined tin and bake for 35-40 minutes. Once ready remove from the oven and allow to cool. Store cake in an airtight container.

