

* Berry Granola Smoothie Bowl

PREP TIME: 5 MINS | YIELD: 1 SERVING

Ingredients

- 1/2 cup frozen strawberries
- 1/2 cup frozen blueberries
- 1/2 cup frozen blackberries
- 1 frozen banana
- 1 cup vanilla greek yogurt
- 1/4 cup milk
- 1/4 cup granola, for garnish
- fresh strawberries, sliced, for garnish
- fresh blueberries, garnish
- fresh blackberries, garnish

Delicious



Yum

Healthy
Green
NUTRITION

Directions

1. Combine the strawberries, blueberries, blackberries and banana in a blender. Add the yogurt and the milk. Blend on high until smooth.
2. Pour the smoothie into a bowl. Top with granola, fresh strawberries, blueberries, and blackberries.