



NUT BUTTER PROTEIN FLUFF

Serves 2



INSTRUCTIONS

1. Add the yogurt, nut butter and stevia into a small mixing bowl and whisk together using a hand mixer, until fluffy.
2. Transfer the mix into a bowl and top with your favorite toppings to serve.

INGREDIENTS

- 1 cup full-fat Greek yogurt
- 2 tbsp. peanut butter or almond butter
- 2 tsp. stevia
- favorite garnish (banana, granola, blueberries)

