



Frozen Yogurt-Covered Strawberries



1 pint



15 minutes

INGREDIENTS

1 pint very ripe strawberries

1½ cup vanilla-flavored Greek-style yogurt

INSTRUCTIONS

1. Lift the leaves of the strawberries away from the fruit gently, leaving intact but providing something to grasp. Holding the berry by the leaves and 'neck', dip in the yogurt until it's 90 percent submerged. Remove and place inverted (leaf-side down) on a wire rack, placed so that it can freeze tip-side up (this may take some patience, but the berries will rest this way on a wire rack).
2. Repeat with remaining strawberries and yogurt. Freeze for 1 hour.
3. Remove berries from freezer and repeat, coating berries with a second layer of yogurt. Freeze for another hour, or until ready to serve.