

# Eggs Rancheros



## Ingredients

- 1 teaspoon olive oil
- 3 eggs
- 2 tablespoons salsa
- Salt and pepper

## Directions

Add olive oil to a nonstick skillet and heat over medium heat. Break eggs into a bowl, whisk and pour into the skillet. Reduce heat to low, and then add the salsa. Season with salt and pepper.

Continue to stir mixture until set firm.

**Serves 1**

**10 mins Cooking Time**

**3.4 Carbs**

**21.3 Fat**

**21.6 Protein**

**288.9 Cal**

