

Tomato Basil Salad with Italian Sausage

Serves 1 | 20mins | 15.8 carbs. | 41.9 fat | 31.9 protein | 552.2 cal



Ingredients

- 4 cups baby spinach
- 1/2 cup cherry tomatoes, halved
- 1/4 cup sliced onions
- 2 tbsp. fresh chopped basil leaves
- 1 teaspoon dried oregano
- 2 (3 oz) Italian sausage links, sliced and cooked
- 2 tablespoons olive oil
- 1 teaspoon balsamic vinegar



Directions

1. Toss the spinach, tomatoes, onions, basil, and oregano in a bowl.
2. Top with the cooked sausage and drizzle with olive oil and vinegar.