



Recipe

ZUCCHINI PASTA WITH CHICKEN



INGREDIENTS

- 4 cloves garlic,
- a couple dashes of red pepper,
- 1 cup of chopped mushrooms.
- Broth for sautéing.
- Half can of organic diced tomatoes or 1 fresh tomato sliced.
- 12 oz spiral zucchini pasta
- 1 cup of chopped basil.
- 12 oz cooked, chopped

INSTRUCTIONS

Saute garlic, red pepper, and mushroom in broth.

Once soft add zucchini pasta. Cooked al Dente with pink salt and pepper.

Add 1 cup of chopped basil. Then add the chicken and toss.