

Egg, Bacon & Avocado Bowl



1 serving



15 minutes

INGREDIENTS

2 bacon medallions

2 hardboiled eggs, chopped

½ large avocado, chopped

1 tbsp. red onion, finely chopped

1 tbsp. red bell pepper, finely chopped

sea salt & ground pepper, to taste



INSTRUCTIONS

1. Fry the bacon until crisp on a non-stick pan. Let it cool slightly and chop.
2. Combine the bacon, eggs, avocado, onion and bell pepper in a bowl.
3. Season with salt and pepper to serve.