

Quinoa & Beetroot Salad

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SERVINGS	TIME	DIFFICULTY	CALORIES
4	10 mins	Easy	395 kcal

INGREDIENTS

² cups cooked quinoa
⁷ oz. feta cheese, cubed
² medium beets, cooked, cubed
¹ cup chickpeas, drained
¹ lemon, zest and juice
² tbsp. olive oil
salt & pepper

DIRECTIONS

- Combine the cooked quinoa, feta cheese, beetroot and chickpeas in a medium sized bowl. Drizzle with olive oil, lemon juice and add in the finely grated lemon zest.
- 2. Season to taste with salt and pepper and mix well to combine. Divide between 4 plates and serve immediately.

