

# Protein Porridge

Serves 2

## Ingredients

- 2 cups almond milk, unsweetened
- 1 cup oats
- 1 scoop vanilla whey
- 1 banana, sliced
- ¼ cup walnuts, chopped

## Directions

1. In a small pot, bring the almond milk to a boil. Stir in the oats and cook over low heat for 5-7 minutes, stirring constantly to avoid sticking. Take the pot off the heat and stir in the protein powder until well combined.
2. Divide the porridge between 2 serving bowls and top with the sliced banana and walnuts. Serve immediately.

