



Steak Fajitas

SERVINGS: 2

PREPPING TIME: 15 MIN

COOKING TIME: 1 HOUR

INGREDIENTS

- ½ lbs. lean steak (like top sirloin)
- ½ tsp. chili powder
- ½ tsp. cumin
- ¼ tsp. onion powder
- ¼ tsp. garlic powder
- ½ lime
- ½ green bell pepper, julienned
- ½ red bell pepper, julienned
- ½ red bell pepper, sliced
- 2 whole grain tortillas or flatbreads

DIRECTIONS

1. Season the steak with chili powder, cumin, onion and garlic powder, and a dash salt and pepper. For best flavor, refrigerate for several hours.
2. Grill the vegetables and steak over an indoor or outdoor grill. Squeeze the lime juice over the steak and grill to desired doneness. Serve wrapped in the tortillas.

Nutrition Facts

Serving Size: 1 fajita
Calories: 420
Fat: 15g
Carbohydrates: 19g
Protein: 37g

