

Vegetable Chili Salad

Serves 4

Ingredients

1 x 14 oz. (400g) can black beans, rinsed, drained 1 x 7 oz. (200g) can sweet corn, rinsed, drained 1 red bell pepper, sliced bunch coriander, chopped 5 oz. (150g) hot salsa

Directions

- Rinse the black beans and corn under cold running water, rinse thoroughly and drain well.
 Slice the pepper into small strips. Chop the coriander coarsely.
- 2. Mix the beans, corn, pepper and coriander with the salsa in a medium bowl. This salad can be stored in an airtight container in the refrigerator for up to 3 days.