

INSTRUCTIONS

- 1. Add the yogurt, nut butter and stevia into a small mixing bowl and whisk together using a hand mixer, until fluffy.
- 2. Transfer the mix into a bowl and top with your favorite toppings to serve.

NUT BUTTER PROTEIN FLUFF

Serves 2

INGREDIENTS

1 cup full-fat Greek yogurt 2 tbsp. peanut butter or almond butter 2 tsp. stevia favorite garnish (banana, granola, blueberries)

