



BROCCOLI SALAD

Perfect as a starter or side dish!

SERVINGS: 4-6

PREPPING TIME: 15 MIN

INGREDIENTS

4 cups small broccoli florets (about 1 1/2 pounds)

1 1/2 cups seedless grapes, halved

1 cup chopped celery

1/2 cup raisins or dried cranberries

1/4 cup sunflower seed kernels

1/4 cup light mayonnaise

1/3 cup plain fat-free yogurt

2 tablespoons honey

1 tablespoon white vinegar

DIRECTIONS

1. Combine the first 5 ingredients in a large bowl.
2. Combine mayonnaise and remaining ingredients, stirring with a whisk. Pour dressing over broccoli mixture, and toss well. Chill for 1 hour.

